Thank you registering for HENRY’s *Additional Programme Familiarisation Training* for *Healthy Families: Growing Up*. This page provides the information you need about the course and the advance preparation you will need to do.

**What Platform is the Training on?**

Most HENRY online training takes place using Zoom and the link will be sent directly to your email address, please arrive 10 minutes in advance of your first session to check that the technology works ok for you.

**What do I need to have with me?**

* A computer with access to the internet and a camera so we can see you
* Access to Zoom (unless another platform has been specifically agreed with HENRY)
* *Healthy Families: Growing Up* Facilitator Manual, plus a pen to write in it with
* The Family Resource Set for *Healthy Families: Growing Up*, including the parent book
* Please where possible avoid sharing a computer to allow break-out rooms to be used effectively

**What do I need to do in advance?**

* Look through the Family Resource Set and parent book
* Read the introduction pages of the Facilitator Manual

**Who is the training for?**

This training is for authorised HENRY group Facilitators who now wish to also deliver HENRY’s *Healthy Families: Growing Up* programme for families with children aged 5 to 12.

Please note: if your current authorisation is for online programmes only, then you will also only be able to deliver this programme online, until you have completed our *Face-to-Face Delivery Skills Training* course.

**What will I gain from the training?**

This course introduces the *Healthy Families: Growing Up* programme and its contents to authorised HENRY group Facilitators, building on their existing skills and experience, and extending these to delivery of this programme. It includes a chance to practise.

**What is the structure of the course and will I need to allow for preparation time?**

The course is delivered over 2 online sessions, each around 2½ hours. During Session 2, there is a skills practice when each participant delivers a short section of the new programme online.

**By the end of the training you will:**

* Have increased skills, knowledge and confidence to lead this HENRY programme
* Be familiar with the content of the programme, and feel confident to use the detailed session plans and resources that accompany the programme
* Have further enhanced your group facilitation skills to deliver the interactive programme in a way that mirrors the HENRY approach and partnership ethos, building on parents’ strengths
* have had a chance to practise delivering a section of the programme

**Further Information**

* For more information about HENRY please check out our website [www.henry.org.uk](http://www.henry.org.uk)
* Follow our social media platforms
  + Twitter @HENRYhealthy
  + Facebook @HENRY.helathyfamilies

**We look forward to meeting you and hope you enjoy the training**