

Programme Familiarisation Training

Developing the skills to deliver our
Healthy Families: Growing Up programme



2 x 2.5
hour online
sessions

For currently
authorised
HENRY group
facilitators

This course extends the skills of HENRY group facilitators to equip and authorise them to deliver our *Healthy Families: Growing Up* programme for parents with children aged 5-12.

“ I'm so glad I can now offer HENRY support for older children too ”

This training course covers:

- Course content for the *Healthy Families: Growing Up* programme
- Building confidence to support families with primary school age children to develop a healthy, happy home environment
- A chance to practise delivering a section of this programme online and to receive feedback from HENRY
- Building familiarity with wider delivery arrangements e.g. supporting resources, evaluation procedures, and how to access key information for facilitators



95% said the course fully met or exceeded expectations

97% feel more confident to deliver a new programme