

Programme Familiarisation Training

Developing the skills to deliver
Healthy Families: Right From the Start



For currently
authorised
HENRY group
facilitators

2 x 2.5
hour online
sessions

This course extends the skills of HENRY group facilitators to equip and authorise them to deliver our *Healthy Families: Right from the Start* programme for parents with children aged 0-5.

“This was really useful in understanding the early years programme and how to deliver it”

This training course covers:

- Course content for the *Healthy Families: Right from the Start* programme
- Building confidence to support families with children age 0-5 to develop a healthy, happy home environment
- A chance to practise delivering a section of this programme online and to receive feedback from HENRY
- Building familiarity with wider delivery arrangements e.g. supporting resources, evaluation procedures, and how to access key information for facilitators



95% said the course fully met or exceeded expectations

97% feel more confident to deliver a new programme