

Programme Familiarisation Training

Developing the skills to deliver our Preparation for Parenthood programme



2 x 2.5
hour online
sessions

For currently
authorised
HENRY group
facilitators

This course extends the skills of HENRY group facilitators to equip and authorise them to deliver our *Preparation for Parenthood* programme.

“Really good course. I feel so much more confident in supporting a healthy pregnancy now”

This training course covers:

- Course content for the *Preparation for Parenthood* programme
- Building confidence to support expectant parents to have a healthy pregnancy and develop a healthy, happy home environment for their new baby
- A chance to practise delivering a section of this programme online and to receive feedback from HENRY
- Building familiarity with wider delivery arrangements e.g. supporting resources, evaluation procedures, and how to access key information for facilitators



95% said the course fully met or exceeded expectations

97% feel more confident to deliver a new programme