

# Group Facilitation Training

Preparing practitioners to deliver our  
primary-school age family programme



For practitioners who  
have completed our  
Core Training and  
want to deliver our  
primary-school age  
family programme

2-day  
course



This course equips practitioners with the skills, knowledge and confidence to lead the programme for parents and carers of children aged 5 to 12

“Such a good training course. I can't wait to run the programme with families”

Practitioners will:

- Understand the content of the 8-week *Healthy Families: Growing Up* group programme
- Develop group facilitation skills to deliver the programme in a way that adopts the HENRY approach and builds on parents' strengths
- Feel confident to manage issues that can arise in groups, using listening, empathy and solution-focused support
- Feel confident to use the detailed HENRY group Facilitator Manual and resources

APPROVED BY



ROYAL SOCIETY  
FOR PUBLIC HEALTH

94% feel confident to deliver the HENRY programme after this course

96% rated the course as useful or very useful