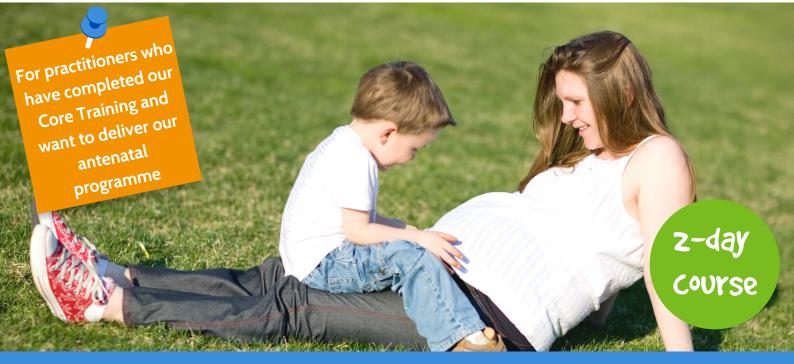
Group Facilitation Training

Preparing practitioners to deliver our antenatal family lifestyle programme





This course equips practitioners with the skills, knowledge and confidence to lead the programme for expectant parents during pregnancy



Amazing course. This programme is just what some of our families need



Practitioners will:

- Understand the content of the 6-week Preparation for Parenthood group programme
- Develop group facilitation skills to deliver the programme in a way that adopts the HENRY approach and builds on expectant parents' strengths
- Feel confident to manage issues that can arise in groups, using listening, empathy and solution-focused support
- Feel confident to use the detailed HENRY group Facilitator Manual and resources



94% feel confident to deliver the HENRY programme after this course96% rated the course as useful or very useful