
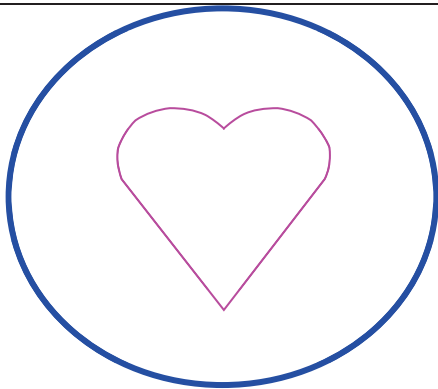
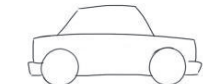



FLIPCHART TEMPLATES

1. Welcome	2. Overview																																
	<ul style="list-style-type: none"> • Welcome and Introductions • What gets in the way of being active • The benefits of being active • Habits that keep us active • Ideas for active play • Next steps • Review and ending 																																
3. Group guidelines	4. Car park																																
	<p>Car Park</p> 																																
5. Habits that keep us active	6a. & 6b. Active play ideas																																
	<table border="1"> <thead> <tr> <th>Age</th><th>Ball games</th><th>Cardboard box</th><th>Other ideas</th></tr> </thead> <tbody> <tr> <td>Up to 12 months</td><td></td><td></td><td></td></tr> <tr> <td>12 mths – 2 years</td><td></td><td></td><td></td></tr> <tr> <td>2- 5 years</td><td></td><td></td><td></td></tr> </tbody> </table> <table border="1"> <thead> <tr> <th>Age</th><th>Musical Instruments</th><th>Obstacle Course</th><th>Other ideas</th></tr> </thead> <tbody> <tr> <td>Up to 12 months</td><td></td><td></td><td></td></tr> <tr> <td>12 mths – 2 years</td><td></td><td></td><td></td></tr> <tr> <td>2 – 5 years</td><td></td><td></td><td></td></tr> </tbody> </table>	Age	Ball games	Cardboard box	Other ideas	Up to 12 months				12 mths – 2 years				2- 5 years				Age	Musical Instruments	Obstacle Course	Other ideas	Up to 12 months				12 mths – 2 years				2 – 5 years			
Age	Ball games	Cardboard box	Other ideas																														
Up to 12 months																																	
12 mths – 2 years																																	
2- 5 years																																	
Age	Musical Instruments	Obstacle Course	Other ideas																														
Up to 12 months																																	
12 mths – 2 years																																	
2 – 5 years																																	