

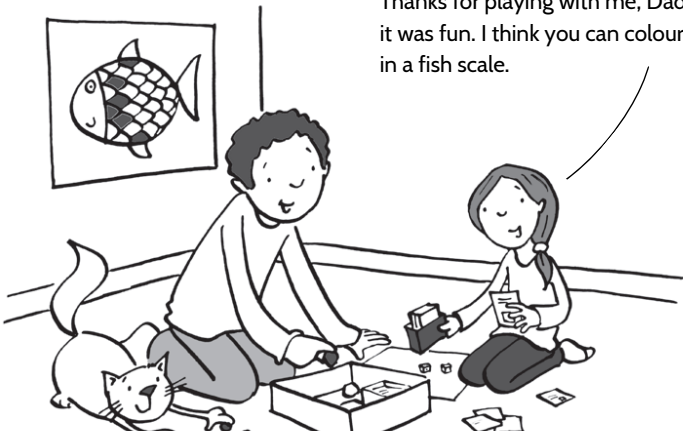
## Family reward systems



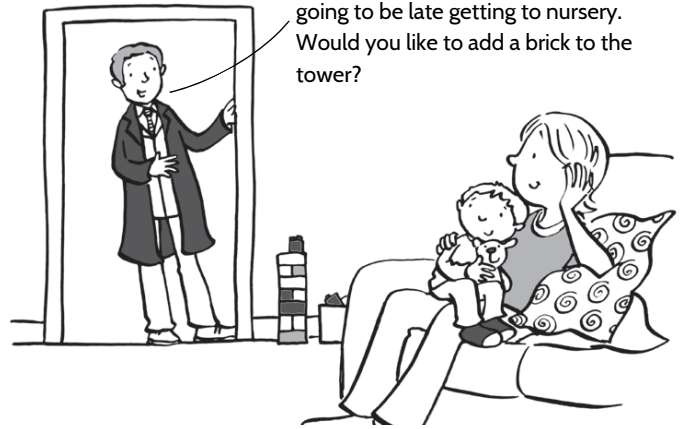
- Given by children to adults, adults to children, adults to adults, children to children
- Everyone works to achieve one shared goal
- Children can be involved in designing them – they have some great ideas
- Small, tangible tokens – that can be given by children as well as adults
- The person being rewarded takes the token or does the activity e.g. adding to a group drawing, building a tower etc.
- Offer descriptive praise to make clear why the reward has been earned
- It is best to avoid using food as rewards
- Rewards are used spontaneously to give praise or thanks for something someone has done
- The reward system is an end in itself rather than a way of earning an additional treat
- Rewarding little and often works best
- A reward that's been given is never taken away

# Ideas for family reward systems

Thanks for playing with me, Dad - it was fun. I think you can colour in a fish scale.



Thanks for changing your plans as I was going to be late getting to nursery. Would you like to add a brick to the tower?



Thank you for letting me have a go on your bike - have a jigsaw piece.

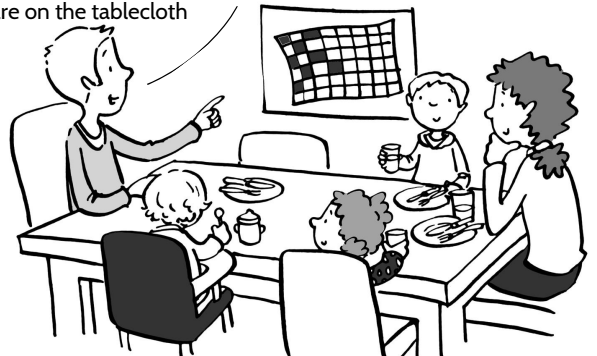


I love it when you come to see s. I want to give you a star for the sky.

You've tidied up the toys so neatly. That's another ball in the bucket for all of you.



We've all stayed at the table for tea - let's colour in another square on the tablecloth



You got ready for bed so quickly, here's a sticker for our zoo chart in the morning.



Thank you for helping to put the shopping away. Here's the first bulb for you to plant.

